

**PIEDMONT COLLEGE
ATHLETIC TRAINING PROGRAM
DRESS CODE**

A professional appearance contributes significantly to student and staff success during athletic training experiences. General appearance should not be distracting in the work environment. This dress code applies primarily to Piedmont College; other standards may be imposed by specific clinical sites.

This dress code applies to all Athletic Training classes, labs, and clinical classes:

- Meticulous personal hygiene must be maintained. This includes properly trimmed/maintained facial hair.
- Rings, bracelets, watches, and other jewelry should be minimal and not interfere with skill practice
- No tight or excessively loose clothing; necklines and hemlines must be modest and not expose undergarments when leaning over or when practicing skills on lab tables.
- Shirts with buttons must be worn buttoned, except for top button and tucked in unless they are designed to be worn un-tucked.
- Skin must be covered at the midriff when performing skills (i.e. reaching arms overhead, backboarding, etc.).
- No cleavage, midriff, bra (including bra strap or bra colors seen through shirt), or underwear/boxers may show.
- Strapless shirts are prohibited.
- Shorts should be of modest length (e.g. should not be excessively tight and no “Daisy Dukes” or short shorts – shorts should have a minimum 4” inseam).
- No foul, demeaning, or derogatory language or gestures are to be used.
- Cell phones and other personal electronic devices are not permitted to be used during classes, labs, or other organized meetings unless approved by the instructor.
- Discrimination of any type will not be tolerated.
- The course instructor retains the right to dismiss any student from class for inappropriate clothing; this will be counted as an unexcused absence.

This dress code applies to all Athletic Training clinical sites (clinical site includes travel with teams):

- Meticulous personal hygiene must be maintained. This includes properly trimmed/maintained facial hair.
- Tattoos or other body modifications must be covered per site policy (which will vary by site).
- Jewelry may not be worn in any visible piercing other than in the earlobes.
- Rings, bracelets, watches, and other jewelry should be minimal and not interfere with OSHA procedures. (i.e. wearing properly fitted disposable gloves)
- Skin must be covered at the midriff when working. (i.e. reaching arms overhead, backboarding, etc.)
- No cleavage, midriff, bra (including bra strap or bra colors seen through shirt), or underwear/boxers may show.
- No tight or excessively loose clothing; necklines and hemlines must be modest and not expose undergarments when leaning over.
- All clothing must be free of numbers, writing or screen-printed designs; small brand logos are permitted on plain t-shirts and polo shirts (general Piedmont College and Athletic Training Program specific attire are excluded from this rule and are permitted).
- Shirts with buttons must be worn buttoned, except for top button and tucked unless they are designed to be worn un-tucked.
- Strapless shirts are prohibited.
- Shorts should be of modest length and khaki, green, grey, black, stone, or blue in color (e.g. should not be excessively tight and no “Daisy Dukes” or short shorts – shorts should have a minimum 4” inseam).
- Jeans/denim are not permitted at any time.

- Open toed shoes or flip flops are not permitted
- Hats, visors, and sunglasses are only permitted for outdoor clinical settings as approved by the clinical supervisor.
- Students are permitted to wear outdoor gear appropriate for the weather conditions (i.e. rain gear, warm coats, gloves, etc.); these items should be clean and in good repair.
- Athletic Training Program ID's worn as appropriate. (which will vary by site)
- No foul, demeaning, or derogatory language or gestures are to be used.
- No tobacco (smokeless or other) is to be used while at your clinical site.
- Use or possession of illegal drugs is prohibited at all times; random drug testing is permitted.
- Consumption of alcoholic beverages within 12 hours of a clinical experience or in your possession at the clinical site is prohibited.
- Cell phones and other personal electronic devices may not be used during clinical rotations without the permission of your clinical supervisor.
- Discrimination of any type will not be tolerated.
- The site supervisor retains the right to dismiss any student from clinical hours for inappropriate clothing, behavior, or excessive tardiness; this will be counted as an unexcused absence.

**PIEDMONT COLLEGE
ATHLETIC TRAINING PROGRAM
CODE OF CONDUCT**

ATS Relationships

Though Piedmont College ATs are expected to develop relationships with coaches and players, they should be professional. Although dating within the Athletic Training Program is not forbidden, ATs who are dating athletes or fellow ATs will not be allowed to work the same clinical assignment. The following intimate relationships are forbidden based on the Code of Conduct Policies:

- 1) Faculty or Staff Certified Athletic Trainers (ATCs) and athletes under their care or ATs under their supervision.
- 2) ATs and athletes under their care
- 3) Coaches (full-time, part-time, GA, or volunteer) and ATs

Staff Athletic Trainers

The staff athletic trainer (ATC) is the ultimate authority in the athletic training clinic. The staff athletic trainer's directions are to be carried out as promptly as possible and not passed on to others. If you have questions, please ask a staff ATC in a tactful manner. If there are grievances/conflicts, direct them to the responsible staff athletic trainer or to the head athletic trainer. The head athletic trainer acts as the liaison with the educational portion of the program.

Team Physicians

The medical director/team physicians are the ultimate medical authority at the college. Always follow the physician's directions. Any correspondence with the team physician and/or staff should go through a staff ATC.

Coaches

The Head ATC or Assistant ATC is ultimately responsible for reporting athlete injuries and participation status to the respective coach. If a coach asks you a question regarding an athlete, be sure to answer it to the best of your knowledge, but do not speculate or give reveal confidential information not expressly allowed by the staff ATC. Adhere to the coach's rules as if you were a member of the team. Please make sure you are following all Piedmont College guidelines as they pertain to the Health Insurance Portability and Accountability Act (HIPAA).

Athletes

Be sure to treat every athlete the same. You are not to discuss one athlete's injury with another athlete or a friend. If the athlete has a question you cannot answer, refer them to the ATC assigned to that sport (do not speculate).

ATS

Treat one another with respect and a professional attitude. All responsibilities are shared among ATs covering a site/event. Be fair to underclassmen and be constructive in your criticism with your peers. If a conflict arises, refer it to your supervising ATC.

Media

ATs should not correspond with or report to any media personnel. Please refer all inquiries to the ATC responsible for that sport.